

Bach Friendly Group Case Study

Aiming High

Introduction

You are an experienced Bach Practitioner with a daughter (Rosy) of 16 years. She has a passion for fashion and comes home one day with the intention of becoming a model. She has read in a magazine about interviews with a London agency and is determined to apply.

Rosy – *“Just think, Mum, this agency does international work. I could travel the world and models make a lot of money. It is so glamorous and exciting. I’m going on a cabbage diet straight way. I can’t afford to have a spot for the interview. I need some photos taken for a portfolio and the caretaker at school knows someone who will do a whole load for just £100. I’ve got my birthday money so I can use that – and still have some spare for clothes for the interview.”*

Your internal response to this sudden excitement is mixed – concern confusion, wanting to encourage her if this is a real passion, but fearing that it may prove to be a fantasy, not wanting your daughter to be hurt and more. You decide that discretion is the better part of valour and choose your words carefully –

“So maybe we need to find out more about this agency?”

Rosy – *“Yes, I’ve been on the internet already. They’ve got a great website and they have worked with some really top models. They are inviting people to apply for an interview in various locations next month and they are coming to our town on 15th. So I’ve already sent in my details. I just need some photos to send too. Jake the photographer says I can go to his studio on Thursday night. He’s fitting me in especially.”*

Your level of concern grows even higher.

You – *“Where is this studio?”*

Rosy – *“Well he’s just starting out, so he hasn’t actually got a studio yet, he said he’s got the run of a friend’s house that night, so we can do poses in various places”*

You – *“Do you think this is all a little hasty?”*

Rosy – *“No, of course notwell perhaps a bit, but you have to seize your opportunities when you can Mum. I’ve wanted to be a model for ages and you always say I look good. I know I can make it. I just have to tryand try now. I can’t miss this opportunity!”*

You resort to the ultimate backup –

“Well I think I’d like to talk this through with your father.”

Rosy – *“Oh! No! Mum, he will just say no and this could be my big break!”*

You – *“I’m not saying “no”, but I’m not saying “yes” either. I need some time to think this through and work out what feels right. Let’s talk about it with Dad tonight and make some decisions in the morning.”*

- Maybe this is an occasion when you need remedies as much or more than Rosy?
- If this was your daughter, how would you feel?
- What would be your concerns?
- How would you address them?
- Which remedies would help you to keep the channels of communication open with Rosy?
- How do you think Rosy feels?
- Which remedies might help her?

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